



# The Healing Path

*Rhonda*

This symbol is called "The Healing Path" and was commissioned by the management of the Dame Phyllis Frost Centre to represent the Marrmak Integrated Mental Health Unit.

The symbol was created and painted by an Indigenous woman, Rhonda and in her words, the symbol means the following:

"The spiral represents women coming into the Marrmak unit for healing. The lizards represent the women leaving Marrmak once they are well. The reason for the lizards is when they are not well, they go into themselves, like during hibernation, and when they become well, they come out and start afresh. The colour I chose was purple as it is the colour of healing."

Rhonda's healing symbol was also inspired by the word "Marrmak" from the Woiwurrung language of the Wurundjeri people meaning "safe".

The Marrmak Integrated Mental Health Unit is a key government initiative of *Better Pathways: An Integrated Response to Women's Offending and Re-Offending*, and was opened by the Honourable Bob Cameron MP, Minister for Corrections, on Tuesday 14th August 2007.